

Undergraduate Requirements

Requirements for new students admitted spring 2003 or later.

Students admitted to Metropolitan State University must attend New Student Orientation. Students must complete assessments in reading, writing and math by the end of their first semester. Students transferring fewer than 16 semester credits must also complete METR 101: Your Academic Journey during their first year after admission.

General Education/Liberal Studies/

Minnesota Transfer Curriculum (MnTC)—48 credits

The university's general education/liberal studies (GELS) requirements address the 10 goal areas of the Minnesota Transfer Curriculum. To complete general education, students must complete 40 credits addressing the 10 goal areas outlined below. To complete liberal studies, students must complete eight additional credits at the upper-division level (300-level or higher).

General Education Goals/MnTC (40 or more credits)

Goal I: Communication—Two writing courses—introductory and intermediate writing (6 or more credits).

One oral or visual communication course (3 or more credits).

Note: Students placing at the intermediate level on the university's writing assessment are required to complete intermediate-level writing only.

Goal II: Higher Order Thinking—Students who complete the university's general education requirements will have met this goal.

Goal III: Natural Sciences—At least one course including a laboratory, simulation or field experience (3 or more credits).

Goal IV: Mathematical/Logical Reasoning—At least one course at or above the college algebra level (3 or more credits).

Note: This requirement is waived for students placing above the college algebra level on the university's higher level math assessment.

Goal V: History and the Social and Behavioral Sciences—At least two courses from two different disciplines (6 or more credits).

Goal VI: Humanities and the Fine Arts—At least two courses from two different disciplines (6 or more credits).

Goal VII: Human Diversity in the U.S. (3 or more credits).

Goal VIII: Global Awareness (3 or more credits).

Goal IX: Ethical and Civic Responsibility (3 or more credits).

Goal X: People and the Environment (3 or more credits).

Liberal Studies (8 or more credits)

All students must complete eight upper-division semester credits (300-level or higher) from the approved GELS course list. Courses marked with an asterisk (*) do not fulfill liberal studies requirements.

GELS Electives

Students who have completed the general education goal areas and liberal studies requirements may still need additional credits to

bring the total to 48. Any course listed for Goals I–X (courses marked with an asterisk (*) are excluded) may be used as electives.

Overlap

- Only eight credits may be used to meet both GELS and major requirements; an unlimited number of GELS courses may be used to meet major prerequisites and minor requirements.
- Courses may be used to meet a maximum of two general education goals, but only if one goal is in Goals I–VI and the other goal is in Goals VII–X.
- 300-level or higher courses used to meet the liberal studies requirement may overlap with only one goal area.

Summary of Graduation Requirements

General education	40
Liberal studies	8
Major requirements	36–63*
Minimum free electives	13
Minimum total credits to graduate	120–124*

*Depends on major

Minimum upper-division credits (300-level or higher; one-third of total)	40–41
Minimum credits completed at Metropolitan State	30

Notes

- Students who have completed the Minnesota Transfer Curriculum since fall 1995, or who have earned an associate of arts (A.A.) degree from a Minnesota community college or state university since 1985, do not need to complete general education requirements at Metropolitan State. However, these students must meet the university's liberal studies requirement. This exemption does not apply to the A.S., A.A.S. or other associate degrees.
- GELS requirements may be met by transfer courses or by courses completed at Metropolitan State.
- Courses approved for a goal area at another MnSCU institution will apply to the same goal area at Metropolitan State.
- Students with fewer than 16 credits must take METR 101: Your Academic Journey; all students with fewer than 30 credits may benefit from this course as well.
- Courses must be at least two semester credits (or three quarter credits) to apply toward GELS categories; other courses may be used as GELS electives.
- Some courses may be used as GELS electives but may not be used to meet the goal area or liberal studies requirements (see GELS course list).

2003 General Education and Liberal Studies Course List

Spring 2003 GELS

This is the official list of Metropolitan State University courses that meet the 2003 General Education and Liberal Studies (GELS) requirements. These apply to students admitted to the university spring 2003 and after. Up to eight credits may be used to meet both major and GELS requirements. A course may be used to fulfill a maximum of two goals but one goal must be within Goals I–VI and the other goal within Goals VII–X. A course used to fulfill Liberal Studies may be used for only one goal area. (Because course content varies between institutions, this list does not guarantee that courses with the same titles from other institutions meet the same requirements.)

Note: students need 48 unduplicated credits to complete GELS. When courses are used to meet two requirements, the credit is only counted once.

Goals I–VI

Only courses numbered 399 or below and bearing two or more semester credits may be used to meet Goal Areas I–VI.

Goal I: Communication

Writing (two courses, six or more credits)

First course—one of the following:

- Writ 121 Writing I Intensive (three credits only count for requirement)
Writ 131 Writing I
Writ 132 Written and Visual Communication

Second course—one of the following:

- Writ 231 Writing II
WmnS 231 Writing II: Gender and Writing
Writ 261 Business Writing
Writ 271 Technical Writing
Writ 331 Writing in your Major

Note: Writ 101 Basic Writing and the remaining two credits of Writ 121 Writing I Intensive do not count for GELS requirements.

Oral and Visual Communication (one course, three or more credits)

- Comm 103 Public Speaking
Comm 201 Storytelling
Comm 231 Interpersonal Communication
Comm 302 Advanced Public Speaking
Comm 331 Interpersonal Communication for the Helping Professions
Comm 332 Negotiation
Comm 333 Intercultural Communication
Comm 341 Family Communication
Comm 342 Conflict Mediation
Comm 352 Organizational Communication
Comm 353 Communication in Work Groups Theory Seminar
Comm 361 Managerial Communication
Comm 371 Connections: Introduction to Communication Studies
Ling 111 Vocabulary Study
MdSt 361 Visual Communication

- MdSt 363 Children and the Media
Psyc 314 Group Dynamics and Facilitation
Rdng 112 The Educated Reader: Analytical Reading
Thea 331 Voice: Speaking from Experience
Thea 345 Theater Arts: Acting Off Stage and On
Thea 346 Topics in Performance

Goal II: Higher Order Thinking

Students who complete the university's general education requirements will have met this goal.

Goal III: Natural Sciences

(one course, three or more credits)

- Biol 105-105L Human Biology & Lab
Biol 111-111L General Biology & Lab
Biol 112-112L General Biology II & Lab
Biol 301 Human Genetics
Chem 111-111L General Chemistry & Lab
Chem 112-112L General Chemistry II & Lab
Chem 151 Chemistry for the Nonscientist
Chem 301 Biochemistry
Geol 101-101L Introduction to Geology & Lab
Phys 111 General Physics I
Psyc 312 Research Methods
Psyc 345 Biopsychology

Goal IV: Mathematical/Logical Reasoning (three or more credits)

At least one course at or above the college algebra level.

- Math 110 Math for the Liberal Arts
Math 115 College Algebra
Math 120 Precalculus
Math: any course, 200-level or higher
Phil 204 Introduction to Symbolic Logic
Stat 201 Statistics I

Goal V: History and the Social and Behavioral Sciences (two courses from two different disciplines, six or more credits)

- Anth: all courses
CJS 101 Introduction to Criminal Justice
CJS 340 Comparative Criminal Justice
CJS 360 Diversity Issues in Criminal Justice
Comm 351 Communication in Work Groups
Econ: all courses
EthS 303 Politics of Resistance and Protest Movements
EthS 304 Race and Ethnicity: Environmental Justice and Public Policy
EthS 305 Major Issues in U.S. Race Relations
EthS 306 Politics of Mixed Racial Identity
EthS 309 The Color of Public Policy
EthS 310 Cross-cultural Issues in Organizations
EthS 313 Theories of International Development
EthS 332 Topics in Contemporary Native North America
EthS 342 Contemporary Perspectives on African-American Community
EthS 352 Chicano Culture and Values
Geog: all courses
Hist: all courses
HSer 300 Violence: Origins and Explanations
HSer 301 Violence: Individual, Community and Global Responses
HSFS 143 The Family: A Social/Psychological Exploration

- HSFS 338 Family: Racial, Gender and Class Dimensions
HSFS 339 Issues and Actions in Family Policy
HSFS 341 Work and Family
HSFS 342 Children in U.S. Society
HSSG 374 Aging in America: A Personal Challenge
Ling 316 The Nature of Language
Ling 326 Language and Culture
Ling 327 Language and Society
Pol: all courses
Psyc: Psyc 100 General Psychology and all courses 200-level or higher, except Psyc 312 Research Methods, Psyc 314 Group Dynamics and Facilitation, Psyc 345 Biopsychology
SSci: all courses
Soc: all courses
WmnS 340 Women's Health
WmnS 345 Economics of Diversity

Goal VI: Humanities and the Fine Arts (two courses from two different disciplines, six or more credits)

- Arts: all courses
CJS 375 Criminal Justice Ethics
EthS 200 Theories of Race, Ethnicity and Culture
EthS 250 Introduction to Chicano Studies
EthS 100 Introduction to Ethnic Studies
EthS 302 Immigration and the New World
EthS 311 Understanding Racial and Ethnic Groups in the United States
EthS 361 History of Asian Americans
Fren: all 300-level or higher courses
Hum: all courses
ImdA: all courses
Lit: all courses
MdSt 370 Contemporary Cinema
MdSt 371 American Films: Traditions and Trends
Mus: all courses
Phil: all courses, except Phil 204 Introduction to Symbolic Logic
RelS: all courses
Scrw: all courses
Span: all 300-level or higher courses
Thea: all courses except Thea 331 Voice: Speaking From Experience, Thea 345 Acting Off Stage and On, Thea 346 Topics in Performance
WmnS 201 Introduction to Women's Studies
WmnS 270 Gender, Race, and Popular Culture
WmnS 370 Women Writers in Literature and Film

Goals VII–X

Note: A course used for Goals VII–X may overlap once with Goals I–VI or once with Liberal Studies. No course may be used twice within Goals VII–X. Courses marked with an asterisk () do not fulfill Goal Areas I–VI or Liberal Studies requirements.*

Goal VII: Human Diversity in the United States *(one course, three or more credits)*

Anth 301	Approaches to Cultural Anthropology
Anth 302	Gender and Culture
Anth 303	Anthropological Perspectives on Diversity
Anth 304	Anthropology of Religion
Anth 308	Archeology: Explaining the Past
Anth 309	New Neighbors: The U.S. Hmong Community
Comm 233	Introduction to Intercultural Communication
CJS 360	Diversity Issues in Criminal Justice
Econ 315	Economics of Diversity
EthS:	all courses, except EthS 313 Theories of International Development
Hist 304	U.S. Economic Life: Working People
Hist 309	Women in U.S. Politics, 1776-1970
Hist 310	American Indian History
Hist 310T	American Indian History Theory Seminar
Hist 311	African-American History
Hist 312	Beginnings of American Society: Colonial and Revolutionary History
Hist 315	Civil Rights Movement in the 1960s
Hist 316	Prejudice in America
Hist 320	History of Asian Americans
Hist 328	Women in Modern U.S. History, 1870-1970
Hist 329	Legacies: A History of Women and the Family
Hist 334	The Great Depression of the 1930s
Hist 335	Soldiers and Society: The Civil War and Reconstruction
Hist 336	The American Half Century
Hist 342	The Sixties Experience
HSer 395	Human Services and Diversity*
HSFS 342	Children in U.S. Society
Ling 326	Language and Culture
Ling 327	Language and Society
Lit 312	Women Writers
Lit 313	Minnesota Women in Literature and the Arts
Lit 314	Women Writers and a Feminist Critique
Lit 342	American Literature II: 1870-Present
Lit 361	African-American Literature
Lit 363	American Indian Literature
Lit 367	Scandinavian Immigrants in Literature
Mgmt 360	Managing a Diverse Workforce *
Phil 100	Multicultural Introduction to Philosophy
Phil 306	Philosophy and Sexuality
Phil 354	Theories of Caring and Justice
Phil 362	African and African-American Philosophy
Phil 364	Feminism and Philosophy
Phil 365	An Introduction to Gay, Lesbian, Bisexual and Transgender Studies
Pol 309	Color of Public Policy
Pol 332	Women and the Law
Pol 343	Perspectives on Community Development
Psyc 212	Introduction to Diversity and Ethics in Psychology
Psyc 328	Psychology of African Americans
Psyc 356	Early Childhood Development within a Social, Cultural and Historical Context
Rdng 331	Tutoring Reading in the Urban Setting
RelS 306	Themes in Spirituality
RelS 322	American Indian Spirituality
RelS 333	Race and Religion

RelS 390	Zen Buddhism in American Culture
Soc 101	Introduction to Sociology
Soc 301	Contemporary Sociology
Soc 302	Interpersonal and Social Power: A View from Below
Soc 303	Ethnic Conflict in Global Perspective
Soc 304	Social Movements in Global Perspective
Soc 305	Race and Ethnicity: Sociological Perspectives
Soc 306	Deviance and Social Control
Soc 307	Working in America
Soc 308	Women and Work in the United States
Soc 310	City Life: Sociological Perspectives on Urban Community
Soc 317	Women in Minnesota Life: Education, Politics and Social Change
SSci 100	Introduction to Social Science
Span:	all 300-level or higher courses
WmnS:	all courses, except WmnS 101, 340 and 401

Goal VIII: Global Awareness *(one course, three or more credits)*

Anth 301	Approaches to Cultural Anthropology
Anth 302	Gender and Culture
Anth 304	Anthropology of Religion
Anth 321	Cultural Anthropology: Focus on Mexico and Central America
Anth 325	Women, Development and Social Change
CJS 340	Comparative Criminal Justice
Comm 333	Intercultural Communication
Econ 314	International and Comparative Economics
EthS 313	Theories of International Development
Fren:	all 300-level or higher courses
Hist 120	The Chinese World
Hist 121	Modern Asia
Hist 341	The Vietnam War
Hist 351	Europe: the Global Power, 1789-Present
Hist 354	History of the Holocaust
Hist 361	Africa: From Colonialism to Independence
Hist 370	Behind the Great Wall: The Real China
Hist 371	Understanding Japan Today
Hist 380	Mexico, Central America and the Caribbean
Hist 396	Travel and Culture Theory Seminar
HRM 585	International Human Resource Management*
Hum 316	Romanticism
Hum 317	Modernism
IBus 311	International Business*
Ling 316	The Nature of Language
Ling 326	Language and Culture
Ling 327	Language and Society
Lit 372	English Literature: 1800-Present
Mktg 480	International Marketing*
Phil 352	Global Ethics
Phil 361	Eastern Philosophy
Phil 362	African and African-American Philosophy
Phil 366	Race and Racism: Philosophical Problems
Pol 301	Citizenship in Global Context
Pol 321	World Politics
RelS 304	Introduction to World Religions
RelS 305	The Jewish/Christian Encounter
Soc 303	Ethnic Conflict in Global Perspective
Soc 304	Social Movements in Global Perspective

Span:	all 300-level or higher courses
WmnS 340	Women's Health
WmnS 401	Feminist Theory

Goal IX: Ethical and Civic Responsibility *(one course, three or more credits)*

Phil 301	Ethical Inquiry
Phil 320	Business Ethics
Phil 327	Ethics in the Information Age
Phil 352	Ethics Across Borders
Phil 355	Moral Theory
Pol101	Introduction to American Government and Politics
Pol 301	Citizenship in Global Context
Pol 302	Political Ideas
Pol 305	Elections and Political Parties
Pol 333	Constitutional Law: Civil Rights and Civil Liberties
Pol 342	Lobbying: A Citizen's Guide to the Legislative Process
Soc 309	Homelessness: Critical Issues for Policy and Practice

Goal X: People and the Environment

<i>(one course, three or more credits)</i>	
Geog 201	Physical and Human Geography
Hist 333	The Greening of America: Environmental History Since WW II
Lit 349	American Nature Writers
Nath 201	Nature Study
Nath 202	Minnesota Lake Ecology
Nath 204	Environmental Science
Prsp 311	Minnesota Fishes: The Art of Fishing
Writ 575	Environmental Communications

General Education and Liberal Studies Electives

Students who have completed the Goal Areas and Liberal Studies requirements may still need additional credits to bring the total to 48. Any course listed for Goals I-X (courses with an asterisk (*) are excluded) may be used as electives. Additionally, the following list of courses may also be used:

Comm 481	Communication Ethics
Fren:	all 100-level courses
Hmng:	all 100-level courses
ICS 100	Computer Literacy
ICS 120	Microcomputer Applications
ICS 125	Understanding and Using the Internet
InfS 115	Information Access
InfS 315	Searching for Information
InfS 316	Evaluating Information
InfS 335	Books and Publishing
Ling 547	History of English Language
MdSt 580	Issues in Communication Technology
Metr 101	Your Academic Journey
MIS 100	Fundamentals of Information Technology in Organizations
Prsp 301	Perspectives: Educational Philosophy and Planning
Span:	all 100-level courses
WmnS 401	Theories of Feminism
WmnS 451	American Women's Movements
Writ:	all courses, except Writ 101 Basic Writing

Note: The two excluded credits from Writ 121 Writing I Intensive will not count as General Education electives.

** Courses marked with an asterisk do not fulfill Goal Areas I-VI or Liberal Studies requirements.*

1998 Undergraduate Requirements and GELS Course List

This document includes the graduation requirements and the official list of Metropolitan State GELS courses for students admitted to the university from fall 1998 through fall 2002.

General Education Requirements

40 semester credits

All students must complete 40 semester credits distributed in the categories described below.

Liberal Studies Requirements

8 semester credits

All students must complete eight upper-division semester credits (the equivalent of 300-level or higher) selected from the general education core areas described below.

Summary of Credit Requirements

General education	40
Liberal studies	8
Major requirements	36–63*
Minimum free electives	13
Minimum total credits to graduate	120 to 124*

* *Depends on major.*

Minimum upper-division credits (one third of total)	40–41
Minimum credits completed at Metropolitan State	30

Core Areas

Only courses numbered 399 or below and bearing three or more semester or quarter credits may be used to meet Core Area General Education requirements.

Communication

Writing (two courses)

For approved courses, see Goal I under 2003 GELS List.

Oral and Visual Communication (one course)

For approved courses, see Goal I under 2003 GELS List. In addition, the following courses can be used:

Fren:	all 100 and 200-level courses
Hmng:	all 100 and 200-level courses
Span:	all 100 and 200-level courses

Mathematics

For approved courses, see Goal IV under 2003 GELS List.

Natural and Physical Sciences

(one course)

Biol:	all courses
Chem:	all courses
Geol:	all courses
NatH:	all courses
Phys:	all courses
Psyc 312	Research Methods
Psyc 343	Drugs and Behavior: An Introduction to Behavioral Pharmacology

Social and Behavioral Science

(two courses from two different disciplines)

For approved courses, see Goal V under 2003 GELS List. However, students fulfilling the 1998 GELS may not use history to meet this requirement.

Humanities

(two courses from two different disciplines)

For approved courses, see Goal VI under 2003 GELS List. In addition, students fulfilling the 1998 GELS may use history to meet this requirement.

General Education and Liberal Studies Electives

Students who have completed the general education core areas and liberal studies may still need additional credits to bring the total to 48. Any course listed on the 2003 GELS list (*courses with asterisk (*) excluded*) may be used as electives.

Cultural Diversity and Global Awareness

Note: Students must complete one course in cultural diversity and a different course in global awareness. Only courses bearing three or more semester or quarter credits may be used to fulfill these two requirements. Courses meeting either of these requirements may also be used to fulfill other general education or major requirements. *Courses marked with an asterisk (*) do not fulfill general education or liberal studies requirements.*

Cultural Diversity in the United States (one course)

For approved courses, see Goal VII under 2003 GELS List. In addition, the following courses may be used:

Hmng:	all courses
Span:	all courses

Global Awareness (one course)

For approved courses, see Goal VIII under 2003 GELS List. In addition, the following courses may be used:

Fren:	all courses
Hmng:	all courses
Span:	all courses

Notes:

- Students who have completed the Minnesota Transfer Curriculum since fall 1995, or who have earned an associate of arts (A.A.) degree from a Minnesota community college or state university since 1985, do not have to complete the general education requirements at Metropolitan State. However, students with this general education exemption must still meet the university's liberal studies requirements. This exemption does not apply to the A.S., A.A.S., or any other associate degrees.
- GELS requirements may be met by transfer courses or courses completed at Metropolitan State.
- Courses must be a minimum of three semester or quarter credits to meet the core area, cultural diversity, global awareness and liberal studies requirements. This restriction does not apply to general education electives.
- Students with fewer than 16 credits must take METR 101 Your Academic Journey; all students transferring fewer than 30 semester credits will benefit from taking this course.
- Up to 12 credits used to meet major requirements or prerequisites may also be used to meet general education and liberal studies requirements.
- Liberal studies requirements may not be used to fulfill any other GELS requirements.
- Core area requirements may also be used to fulfill either cultural diversity or global awareness requirements.
- Some courses may be used as GELS electives but cannot be used to meet the core areas, liberal studies, cultural diversity and global awareness (see 2003 GELS course list).